

Suflave Bowel Prep

- A prescription for Suflave has been submitted to your pharmacy
- Have the enclosed prescription filled at your pharmacy (if not covered – please call our office)

FOLLOW THE BELOW INSTRUCTIONS ONLY!!!!

DISREGARD ANY INSTRUCTIONS THAT MAY COME WITH YOUR PRESCRIPTION.

ONE WEEK BEFORE PROCEDURE

- Discontinue the use of all iron pills or products containing iron.

THE DAY BEFORE PROCEDURE

Consume clear liquids ONLY the entire day prior to your procedure.

For best results, you are encouraged to drink plenty of liquids throughout the day and evening.

- At 5pm: Fill the provided bottle with lukewarm water up to the fill line. After capping the bottle, gently shake the bottle until all the powder has dissolved.

****If, preferred, mix the solution an hour before and refrigerate****

Drink 8 ounces of solution every 15 minutes until bottle is empty.

Drink an additional 16-ounces of water and then continue plenty of clear fluids rest of the evening.

~~ A watery bowel movement should begin approximately one hour after consuming.~~

- Tri- County Center Patients- during a phone call from the pre-surgical nursing staff, you will be/have given instructions of the time to take the second dose of suflave.

- Mclaren Macomb Patients ONLY- during a phone call from the Endo Department with your procedure arrival time, you will also be given the time to finish your morning prep.

THE MORNING OF PROCEDURE

- At the time instructed during the pre-screening call, Fill the provided bottle with lukewarm water to the fill line.

After capping the bottle, gently shake the bottle until all powder has dissolved.

Drink 8 ounces of solution every 15 minutes until bottle is empty. Followed by a 16-ounce glass of water.

- NOTHING BY MOUTH (including water, chewing gum, hard candy etc.) AFTER COMPLETION OF THE MORNING BOWEL PREP.

CLEAR LIQUID DIET

Black tea (no cream)

Black coffee (no cream)

Jell-O – NO RED flavors

Soft drinks – NO RED flavors

Clear juices – NO RED flavors

Popsicles – NO RED flavors

Hard candy – NO RED flavors

Bouillon

Broth

RECOMMENDATIONS:

Gatorade (NO RED flavors)

Apple juice

White grape juice

Sprite / 7UP

Ginger ale

Squirt

YOU MAY NOT HAVE:

Tomato juice

Orange juice

Lemonade

Milk

Milk products

Solid foods

**IT IS RECOMMENDED THAT PLENTY OF CLEAR LIQUIDS BE CONSUMED
THROUGHOUT THE DAY FOR MORE EFFECTIVE BOWEL PREPARATION.**