

# CLENPIQ

(split dose)

- A prescription for Clenpiq has been submitted to your pharmacy
- Have the enclosed prescription filled at your pharmacy

## FOLLOW THE BELOW INSTRUCTIONS ONLY!!

*Disregard any instructions that may come with your prescription.*

### ONE WEEK BEFORE PROCEDURE

- Discontinue the use of all iron pills or products containing iron.

### THE DAY BEFORE PROCEDURE

Consume clear liquids **ONLY** the entire day prior to your procedure.

For best results, you are encouraged to drink plenty of liquids throughout the day and evening.

*(see clear liquid diet sheet)*

**Evening before exam beginning at 5pm** – Drink ONE(1) bottle of CLENPIQ-right from the bottle, followed by FIVE (5) 8-ounce glasses of clear liquids.

Continue consuming plenty of clear liquids all evening.

### THE MORNING OF THE EXAM

**At the time instructed by the nurse during pre-screening phone call**, drink remaining bottle of CLENPIQ, followed by three(3) 8-ounce glasses of clear liquids. After consumption of clear liquids you are to have nothing by mouth until after completion of your exam.

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\***TRI-COUNTY CENTER PATIENTS** - During a phone call from pre-surgical screening staff, you will be instructed of the time to take the second Clenpiq dose.

\***McLAREN MACOMB PATIENTS ONLY** – During a phone call from the Endo Dept with your procedure arrival time, you will also be given the time to finish your morning prep (usually finish 3 hours prior to the arrival time).

**(586) 286-5400**

More information and FAQ at [www.tcgastro.com](http://www.tcgastro.com)

TRI-COUNTY GASTROENTEROLOGY, PC

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# CLEAR LIQUID DIET

Black tea (no cream)  
Black coffee (no cream)  
Jell-O – NO RED flavors  
Soft drinks – NO RED flavors  
Clear juices – NO RED flavors  
Popsicles – NO RED flavors  
Hard candy – NO RED flavors  
Bouillon  
Broth

## **RECOMMENDATIONS:**

Gatorade (NO RED flavors)  
Apple juice  
White grape juice  
Sprite / 7UP  
Ginger ale  
Squirt

## **YOU MAY NOT HAVE:**

Tomato juice  
Orange juice  
Lemonade  
Milk  
Milk products  
Solid foods

**IT IS RECOMMENDED THAT PLENTY OF CLEAR LIQUIDS BE CONSUMED THROUGHOUT THE DAY FOR MORE EFFECTIVE BOWEL PREPARATION.**