

FLEXIBLE SIGMOIDOSCOPY

Preparing for your exam

NAME: _____

Appointment Date: _____ Physician: _____

TRI-COUNTY CENTER FOR ENDOSCOPY AND SURGERY
TRILLIUM OFFICE CENTER BUILDING
37399 Garfield Road, Suite 100
Clinton Township, MI 48036
(586) 228-5300
(Located ¼ mile North of 16 Mile)

NO TIME HAS BEEN GIVEN FOR YOUR PROCEDURE

Tri-County Center will contact you several days prior to your appointment with the time to report for your procedure.
(Note: If you have **NOT** received a call **within 2 days of your appointment**, please call **(586) 228-5300**).

- If** this box is checked, please have the enclosed lab work drawn _____ days prior to your procedure.
- Please bring your **insurance card(s)** and a **photo ID** with you the day of your procedure.
- You will be contacted by an RN from the endoscopy center. Your medications will be reviewed and instructions for taking them will be given to you at that time.
- DO NOT STOP** any **OVER-THE-COUNTER** or **PRESCRIPTION MEDICATIONS** until you speak with the scheduling pre-surgical screening nurse!!

You will need:

- 1) Two (2) Dulcolax tablets 2) Two (2) Fleet enemas (plain)
(available over-the-counter at your pharmacy)

PREPARING FOR YOUR FLEXIBLE SIGMOIDOSCOPY:

1. Clear liquid supper the evening before (see enclosed diet sheet).
2. Only clear liquids after supper.
3. Take 2 Dulcolax tablets at 7 PM the night prior to exam.
4. Nothing to eat or drink after midnight the night prior.
5. 2 Fleet enemas (plain) the morning of exam.

Please be certain to bring a friend or relative to remain at the center and drive you home after your procedure.

THE PROCEDURE WILL NOT BE PERFORMED IF A DRIVER IS NOT PRESENT.

QUESTIONS?

- About your *MEDICATIONS* – (586) 228-5300 (Tri-County Center)
- About the *TIME* of your procedure – (586) 228-5300 (Tri-County Center)
- About changing the *DATE* of your procedure – (586) 286-5400 (Office)
- About *preparation* or for *general questions* – (586) 286-5400 (Office)

More information and FAQ at www.tcgastro.com

Tri-County Gastroenterology, PC

Bruce Kovan, DO Andrew Rosenfeld, DO Samuel Gun, DO Jaspreet Ghumman, DO Poorna Ramachandran, DO Fernando Gamarra, MD

IF YOU ARE UNABLE TO KEEP THIS APPOINTMENT, PLEASE CONTACT OUR OFFICE AT LEAST 24 HOURS IN ADVANCE TO AVOID A \$50 CANCELLATION / NO SHOW FEE.