

# SUPREP

- A prescription for SUPREP has been submitted to your pharmacy
- Have the enclosed prescription filled at your pharmacy

## FOLLOW THE BELOW INSTRUCTIONS ONLY!!

*Disregard any instructions that may come with your prescription.*

### ONE WEEK BEFORE PROCEDURE

- Discontinue the use of all iron pills or products containing iron.

### THE DAY BEFORE PROCEDURE

Consume clear liquids **ONLY** the entire day prior to your procedure.

For best results, you are encouraged to drink plenty of liquids throughout the day and evening.

*(see clear liquid diet sheet)*

- 5:00 PM – DRINK FIRST DOSE** (Dilute the solution concentrate as directed prior to use):
  - ◆ Pour ONE 6-ounce bottle of SUPREP liquid into the mixing container.
  - ◆ Add cool drinking water to the 16-ounce line on the container and mix.
  - ◆ Drink ALL the liquid in the container (approximately 8 ounces every 10 minutes).
  - ◆ You **MUST** drink two more 16-ounce glasses of water over the next one hour.

A watery bowel movement should begin in approximately one hour.

You will continue to have loose bowel movements for 1 to 2 hours after you finish drinking the solution.

- \*TRI-COUNTY CENTER PATIENTS** - During a phone call from pre-surgical screening staff, you will be/have been instructed of the time to take the second SUPREP dose.
- \*MCLAREN MACOMB PATIENTS ONLY** – During a phone call from the Endo Dept with your procedure arrival time, you also will be/have been given the time to finish your morning prep (usually finish 3 hours prior to the arrival time).

### THE MORNING OF PROCEDURE

- \*At time instructed - DRINK SECOND DOSE** (Dilute the solution concentrate as directed prior to use):
  - ◆ Pour ONE 6-ounce bottle of SUPREP liquid into the mixing container.
  - ◆ Add cool drinking water to the 16-ounce line on the container and mix.
  - ◆ Drink ALL the liquid in the container (approximately 8 ounces every 10 minutes).
  - ◆ You **MUST** drink two more 16-ounce glasses of water over the next one hour.
- Nothing else by mouth until after completion of your procedure.
- Report for appointment at the time assigned.

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**(586) 286-5400**

More information and FAQ at [www.tcgastro.com](http://www.tcgastro.com)

TRI-COUNTY GASTROENTEROLOGY, PC

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