

# MoviPrep

- A prescription for MoviPrep has been submitted to your pharmacy
- Have the enclosed prescription filled at your pharmacy

## **FOLLOW THE BELOW INSTRUCTIONS ONLY!!**

*Disregard any instructions that may come with your prescription.*

The MoviPrep contains 4 pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing.

### **ONE WEEK BEFORE PROCEDURE**

- Discontinue the use of all iron pills or products containing iron.

### **THE DAY BEFORE PROCEDURE**

Consume clear liquids **ONLY** the entire day prior to your procedure.

For best results, you are encouraged to drink plenty of liquids throughout the day and evening.

*(see clear liquid diet sheet)*

#### **Beginning at 7:00 pm:**

- STEP 1
  - ◆ Empty 1 Pouch A and 1 Pouch B into the disposable container.
  - ◆ Add lukewarm drinking water to the top line of the container. Mix to dissolve.

If preferred, mix the solution ahead of time and refrigerate prior to drinking. The mixed solution should be used within 24 hours.
- STEP 2
  - ◆ The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed.
- STEP 3
  - ◆ Drink **at least** 16 ounces of the clear liquid(s) of your choice.

- 
- \*TRI-COUNTY CENTER PATIENTS** - During a phone call from pre-surgical screening staff, you are instructed of the time to take the second MoviPrep dose.
  - \*MCLAREN MACOMB PATIENTS ONLY** – During a phone call from the Endo Dept with your procedure arrival time, you are also given the time to finish your morning prep (usually finish 3 hours prior to the arrival time).
- 

### **THE MORNING OF PROCEDURE**

#### **\*At time instructed based on above facility:**

- STEP 4
  - ◆ Repeat Step 1 and Step 2 above.
  - ◆ After repeating Step 2, nothing else by mouth until after completion of your procedure.

Report for appointment at the time assigned.

◆—————◆  
**(586) 286-5400**

More information and FAQ at [www.tcgastro.com](http://www.tcgastro.com)

TRI-COUNTY GASTROENTEROLOGY, PC

Bruce Kovan, DO Andrew Rosenfeld, DO Samuel Gun, DO Jaspreet Ghumman, DO Poorna Ramachandran, DO Fernando Gamarra, MD