

COLYTE PREP

(split dose)

- A prescription for Colyte has been submitted to your pharmacy
- Have the enclosed prescription filled at your pharmacy

FOLLOW THE BELOW INSTRUCTIONS ONLY!!

Disregard any instructions that may come with your prescription.

ONE WEEK BEFORE PROCEDURE

- Discontinue the use of all iron pills or products containing iron.

THE DAY BEFORE PROCEDURE

Consume clear liquids **ONLY** the entire day prior to your procedure.

For best results, you are encouraged to drink plenty of liquids throughout the day and evening.

(see clear liquid diet sheet)

MORNING

- Mix Colyte (TriLyte, GoLyteLy or NuLyteLy) according to instructions. Pour ½ the solution into a separate container. Place both containers in the refrigerator.
- Have a clear liquid breakfast followed by an 8-ounce glass of cool water.
- 10:00 AM – Drink an 8-ounce glass of cool water.

MID-DAY

- Have a clear liquid lunch followed by an 8-ounce glass of cool water.
- 3:00 PM – Drink an 8-ounce glass of cool water.

EVENING

- Remove one of the containers of Colyte from the refrigerator 30-60 minutes prior to drinking.
- Between 4pm and 6pm, begin drinking Colyte. Drink an 8-ounce glass every 10 minutes. Continue drinking until bottle is empty.
 - ♦ It is best to drink the entire glass rapidly rather than sipping small amounts.
 - ♦ You may sip other approved clear liquids between glasses of Colyte, if desired.
 - ♦ Bowel movements should occur about one hour after the first glass of Colyte, and will continue periodically for approximately 1 to 2 hours after finishing the last glass.
 - ♦ Feelings of bloating and/or nausea are common after the first few glasses of Colyte because of the large volume of fluid ingested. This is temporary and should resolve after bowel movements begin.

***TRI-COUNTY CENTER PATIENTS** - During a phone call from pre-surgical screening staff, you are instructed of the time to take the second Colyte dose.

***MCLAREN MACOMB PATIENTS ONLY** – During a phone call from the Endo Dept with your procedure arrival time, you are also given the time to finish your morning prep (usually finish 3 hours prior to the arrival time).

THE MORNING OF PROCEDURE

- At the time instructed by the nurse during your pre-screening phone call, remove the remaining container of Colyte from the refrigerator 30-60 minutes prior to drinking.
- *Drink the 2nd container of Colyte as instructed. Drink an 8-ounce glass every 10 minutes. Continue drinking until the bottle is empty.
- Nothing else by mouth until after completion of your procedure.
- Report for appointment at the time assigned.

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(586) 286-5400

More information and FAQ at www.tcgastro.com

TRI-COUNTY GASTROENTEROLOGY, PC

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